



TRAINING COURSE ON ORGANIZING AND LEADERSHIP OF YOUTH ACTIVITIES

“LEADERS’ JOURNEY”

HOST CONTACTS

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RESIDENTIAL TRAINING DATES:	15/09 - 23/09/2018
LOCATION:	Vlasenica, Bosnia and Herzegovina
ARRIVAL DAY:	15/09 until 20h
DEPARTURE DAY:	23/09/2018 any time
WORKING DAYS:	7 training days
ONLINE LEARNING PREPARATION:	07/09 - 15/09/2018 (1 week prior residential training)
COVERED COSTS:	Accommodation, 3 meals per day, coffee breaks, travel costs according to rules of E+
HOST AND ORGANIZER:	South East European Youth Network
TYPE OF ACTIVITY:	International Training Seminar - SEEYN Activity
METHODOLOGY:	Interactive, engaging, non-formal learning methods
WORKING LANGUAGE:	English
DONOR AND PROGRAM:	EACEA, Erasmus +, Key Action 2

GENERAL RESPONSIBILITIES OF PARTICIPANTS

- Respect SEEYN ethical principles;
- Behave as responsible person;
- Able to actively attend the entire duration of the course;
- Able to attend 100% of the program;
- Able to respect time table and content framework of the SEEYN educational activity;
- Able to accept all consequences that are results of their inappropriate behaving;
- Settle all the agreed obligations regarding travel costs;
- Promote healthy life styles;
- Respect others and ensure basic rights and freedoms to participants and trainers that all people are entitled to regardless of nationality, sex, age, national or ethnic origin, race, religion, language, or other status;
- Willing to transfer knowledge to the members of their organization;
- Take care of working space and training material;
- Be responsible for personal and others safety;

The organizational team keeps the right to exclusion of participant from the Training or influence the reimbursement of the ticket of participant in case that participant does not respect the responsibilities of the Training.

ACCOMMODATION AND FOOD

Training Course will be located in the Youth Training Centre - Hostel which is located 10km from Vlasenica town in the small village Donji Zalukovik in the beautiful natural ambient.



Participants will be accommodated in the shared bedrooms, with separate male and female bathrooms with showers and toilets. Participants will be provided with 3 meals per day (breakfast, lunch and dinner), based on beef and chicken meat or vegetarian/vegan diet needs. Participants will be provided with 2 coffee/tea breaks per working day. All the other personal expenses participants should cover by themselves. There is no or limited access to internet.

Please keep in mind that this training is organized in rural area, therefore, the conditions of living will be modest, but everything for efficient work and normal life will be provided. Also, the Hostel is situated in the nature, which means it is distant from various shops, cafes and other similar facilities.

Vlasenica municipality is located in eastern

Bosnia and Herzegovina. Centre of municipality is 220km far from Belgrade (Serbia), 210km from Novi Sad (Serbia), 100km from Sarajevo (capital of Bosnia and Herzegovina), 240km from Banja Luka (biggest city in Republika Srpska entity). The centre of the municipality - the city Vlasenica once belonged to the medieval parish Birač which, in the records preserved in the archives of Dubrovnik, was mentioned in the year 1244. It is assumed that the current name of the city comes from the grass "vlasulja" widespread in the environment. But there is also another version, it is that the name originated from its first inhabitants - the Vlachs.



HOW TO REACH THE TRAINING VENUE

Arrival of participants is expected on the **15th of September** until 20h in Vlasenica. First meal provided for participants is DINNER on the arrival day. Departure of participants is on **23rd of September** and the last meal provided is the BREAKFAST on departure day.

NOTE: As the Training Centre is far from Vlasenica (around 10km), the transport from Vlasenica bus station will be provided for participants who give information about their arrival time to Vlasenica station, so we can organize group pick-ups during the day.

IF YOU ARE COMING BY PLANE

The nearest and probably most convenient way is to come to Sarajevo airport (Butmir) or Belgrade airport (Nikola Tesla), and after that catch the bus to Vlasenica. The Sarajevo airport is closer to East Sarajevo bus station, so you can take taxi (the price should not be more than 7 BAM or 3.5 euros) from the airport to Lukavica (East Sarajevo bus station) and from there the bus to Vlasenica. If you are going to Main Bus station, you can take taxi as well, but keep in mind that the price of taxi drivers at the airport will be expensive (do not accept the ride without asking for the price previously, and it must not be more than 30 BAM or 15 euros). Other option is to take taxi to Ilidza (it is neighbourhood of Sarajevo close to airport) tram station (it should cost around 6KM or 3 EUR) and then take tram No.3 to Importanne Shopping Mall, then cross the road and go forward to bus station.

IF YOU ARE COMING BY BUS

...FROM SARAJEVO...

There are two bus stations in Sarajevo:

1. Main bus station in Canton of Sarajevo;

For those who arrive to the **Main bus station in Canton Sarajevo**, there are two buses daily to Vlasenica: 7:10 and 15:30. (takes around 3 hours to arrive, price is around 15 BAM = 7 EUR).

2. Bus station in eastern part of Sarajevo (Istočno Sarajevo-Lukavica);

For those who arrive to **Istočno Sarajevo (East Sarajevo/Lukavica)** station there are buses at: 06:40, 08:00, 08:40, 09:15, 09:45, 11:00, 11:45, 12:30, 13:30, 14:15, 15:00, 15:30, 22:00 (travel takes around 3 hours, price is around 15 BAM = 7 EUR one way).

...FROM BELGRADE...

From Belgrade to Vlasenica there are buses at: 6:15, 8:00, 11:30, 13:15, 15:00, 22:30. (travel takes around 6 hours, price is around 1.800 RSD = 15 EUR one way).

... FROM NOVI SAD...

From Novi Sad to Vlasenica there are buses at: 8:30, 12:15, 14:30, 23:30* (only on even dates - every second day)

(it takes around 5 hours, price is around 1.800 RSD = 15 EUR one way).

IF YOU ARE COMING BY TRAIN

For those who arrive to main **Train station**, it is located near the *Main bus station*. After arriving, you can go out of the train station towards the main road and find main bus station on your right side. After that catch the bus to Vlasenica, as there are no trains running to Vlasenica.

USEFUL INFORMATION

The currency in Bosnia and Herzegovina is the Bosnian or **Convertible Mark** (konvertibilna marka KM/BAM) and the exchange rate never changes: **1 EUR = 1.95 BAM**. Money can be exchanged in exchange offices or banks, or withdrawn on one the cash machines/ATM placed in the town. Mostly, it is not possible to pay in Euros.

Below you can find the prices of several products to get an idea about the prices:

- Bottle of water: 1 KM
- A juice in a coffee shop: 2 - 2.5 KM
- Sandwich: 2 - 3 KM
- Coffee (in a coffee shop): 2 - 3 KM
- Phone card for a phone booth (for local and international calls): between 5 and 10 KM.

IN CASE OF EMERGENCY

AMBULANCE NUMBER: 124

POLICE NUMBER: 122

TAXI TIPS

IF YOU ARE IN NEED FOR TAXI TRANSPORT, ALWAYS ASK THE PRICE BEFORE YOU GET INTO THE TAXI. DO NOT LET THEM DRIVE WITHOUT STARTING THE TAXI-METER. TAKE ONLY TAXI THAT HAS "TA" WRITTEN ON ITS CAR PLATES.

TIME ZONE

Time Zone in Bosnia and Herzegovina is MT/UTC + 01:00 hour. The country phone dialling code is: +387.

CLIMATE

Dominated by a mountainous and hilly landscape and traversed by major rivers to the north and east, Bosnia-Herzegovina has changeable climate, with very cold winters and warm summers. Usually in April the weather is mild during the day and cold in night, with possibilities of rain. Warm clothes will come in handy, as they can be very chilly.

WHAT TO BRING

Do not forget some warm and light comfortable clothes and shoes, towel, hygienic set, common medicines and special ones if you use any, your passport, willingness to share your community and personal experience about the topic and positive attitude. Also, it would be great if you can bring your favourite cookies/bonbons/sweets that you would like to share with the other participants during coffee/tea breaks. It is desirable to bring some board and card games to play in the free time with the rest of the group. The venue has sport terrain and lot of outdoor space for activities, so if you would like, you can bring some sport requisites. NOTE: The venue is in the nature and the conditions of living are basic. There is everything you need, but it is in rural area.

It is highly recommended that you get travel insurance for your travel and visit to the foreign country.

TRAVEL COSTS

READ CAREFULLY:

- 100% of the total travel costs will be reimbursed **ONLY** for the cheapest possible way of transport and according to the TRAVEL COSTS DOCUMENT maximum costs per person (in attachment);
- Before purchasing the tickets or starting your travel, you **MUST** let the organizers know about your travel plan to email: training@seeyn.org for approval;
- Travel costs will be reimbursed by bank transfer to the **SENDING ORGANIZATIONS, AFTER** submission of travel documents from participants' side;
- Travel by car will be reimbursed with prior approval of organizers;
- Participants **must keep all travel documents** (tickets, invoices and boarding passes) as organizers are able to make any reimbursement only on the bases of presented documents;
- We are able to reimburse taxi transport **only in the special cases** and with previous approval!
- It is **allowed** to start your travel maximum **2 days before and 2 days after** the dates of the training.
- Travel insurance is **not** refundable by this project.

TRAINING COURSE “Leaders’ Journey” IS ORGANIZED BY SOUTH EAST EUROPEAN YOUTH NETWORK AND SUPPORTED BY ERASMUS + OF THE EUROPEAN UNION.

THIS TRAINING IS PART OF THE LONG-TERM PROJECT “Youth Work In Progress”.

LEARN MORE ABOUT SEEYN:

www.seeyn.org

We Are Looking Forward To Meeting You!



WITH THE SUPPORT OF THE ERASMUS+ PROGRAMME OF THE EUROPEAN UNION.